

# I've Got Music In Me

## Jack Hartmann

### 1. Be the Best That You Can Be

*Activity – children can move to all animal action words. Discuss what each animal learned, and why it is important for each girl or boy to try to do their best.*

There once was a little birdie in a tree  
She said to her mama, mama what should I be  
Should I be like a duck and waddle all around  
Wiggle, waddle, wiggle, waddle all over town  
Or should I climb like a squirrel right up a tree  
Climb, climb, climb, he's as quick as can be

*Bridge* Then her mama said please birdie listen to me  
Always remember there's just one thing you should be

*Chorus* Be the best little birdie you can be  
Be the best little birdie you can be  
Fly, fly, fly so proud and free  
Be the best you can be

There once was a little bunny, oh, so sweet  
He said to his daddy, daddy what should I be  
Should I be like the snake and slither through the woods  
Slide and slither, oh, the snake is so good  
Or should I prowl through the forest like a wolf so big  
Prowl and chase after cute little pigs

*Bridge* Then his daddy said please bunny listen to me  
Always remember there's just one thing you should be

*Chorus* Be the best little bunny you can be  
Be the best little bunny you can be  
Hop, hop, hop so proud and free  
Be the best you can be

There once was a little dolphin in the sea  
She said to her grandpa, grandpa what should I be  
Should I be like the octopus who swims down deep  
Waving all her tentacles, oh, she's so neat  
Or should I move side to side like a shark so smooth  
Cruisin and movin grandpa he's so cool

*Bridge* Then her grandpa said please little dolphin listen to me  
Always remember there's just one thing you should be

*Chorus* Be the best little dolphin you can be  
Be the best little dolphin you can be  
Swim and dive, so proud and free  
Be the best you can be

*Repeat Chorus*  
*(with three sea animals)*

## 2. Five Little Fish

*Activity – Follow the movement words and pretend your five fingers are the little fish. One by one add a finger – wiggle, swim, splish and splash them to the beat. Wave good-bye at the end of the song and let your five little fish swim quickly behind your back – it's fun!*

Hold up your hand – move your fingers to the beat

These are the fish swimming in the sea

When we start out let me see just one

Whoops say “hello” means another fish has come

One little fish swimming in the sea

Splishing and a splashing rockin' to the beat

Here comes another fish, whoops say “hello”

Two little fish swimming in a row

Two little fish swimming in the sea

Splishing and a splashing rockin' to the beat

Here comes another fish, whoops, say “hello”

Three little fish swimming in a row

Three little fish swimming in the sea

Splishing and a splashing rockin' to the beat

Here comes another fish, whoops, say “hello”

Four little fish swimming in a row

Four little fish swimming in the sea

Splishing and a splashing rockin' to the beat

Here comes another fish, whoops, say “hello”

Five little fish swimming in a row

Five little fish swimming in the sea

Splishing and a splashing rockin' to the beat

Five little fish swimming in a row

Let's wave good-bye 'cause whoops there they go (repeat)

### 3. ABC Disco

*Activity – We knew it was important for children and teachers to clearly separate L, M, N, O, P and omit the “and” between Y, Z. Try some Disco dancing moves as you sing along – (one arm and index finger points high and to the upper right corner – the other arm and index finger points down and to the lower left corner. Move arms in toward body and out as you twist your hips.*

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

I can sing my ABC's  
Lots of fun for you and me

I can sing my ABC's  
Lots of fun for you and me

### 4. Seven Days of the Week

*Activity – We followed the calendar starting with Sunday. Children can sing along and fill-in the blank with the day of the week.*

Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday  
(Repeat)

These are the days of the week, seven days of the week

Today's name is \_\_\_\_\_  
(day of the week)

It will be a fun day

We can sing and learn to say

Today's name is \_\_\_\_\_  
(day of the week)

(Repeat Days of the Week)

Let's all have a great week!

## 5. Hip Hop Hokey Pokey

*Activity – encourage children to move in creative ways and have tons of fun with this totally unique multi-musical arrangement*

Caribbean            You put your right arm in  
You put your right arm out  
You put your right arm in  
And you shake it all about  
You do the Hokey Pokey  
And turn yourself around  
That's what it's all about

Left arm  
Right leg  
Left leg

Rap                    Right hip  
Left hip  
Whole self

Rock n' Roll            Right side  
Left side  
Right shoulder  
Left shoulder

Slow motion            Whole self

Country                Whole self

## 6. Ollie the Otter

*Activity – Sing along, wiggle, dive, pop-up and swim to the bouncy beat. Learning about sea life and the otters' playfulness can be enhanced with this easy sing along.*

Theres a very special animal that lives down by the lake  
All the children go to see him as he swims and dives and plays  
But he's just a little shy sometimes in his own special way  
So the children all say hey to him and they call out his name  
They say ... hey, hey, Ollie the Otter

Chorus Playing in the water - - - having so much fun  
Hey, hey Ollie the Otter  
Playing in the water - - - having so much fun

Bridge Go Ollie go, Wiggle, wiggle, jiggle and jump  
Go Ollie go, Dive right down and pop right up  
Play Ollie play, play and swim all around  
Play Ollie play, you look so happy, you look so proud  
And, oh, how Ollie loves to play  
You can hear all the children say

*Repeat Chorus, Bridge and Chorus*

## 7. Body Boogie

*Activity – The Body Boogie can be used as a fun activity for learning the parts of the body. Dance, move and have fun!*

Clap your hands to the boogie  
Clap, clap, clap with me  
Clap your hands to the boogie  
Feel that boogie beat  
Sway your hips to the boogie  
Sway, sway, sway with me  
Sway your hips to the boogie  
Feel that boogie beat

*Chorus*                      Feel the boogie in your  
   head  
   Feel it in your hair  
   Feel it in your face  
And in your smile everywhere  
   Feel it in your eyes  
   Feel it in your neck  
   Feel it in your stomach  
And in your belly-button best

Bend your knees to the boogie  
Bend, bend, bend with me  
Bend your knees to the boogie  
Feel that boogie beat  
Move your whole body to the boogie  
Move, move, move with me  
Move your whole body to the boogie  
Feel that boogie beat

### *Repeat Chorus*

Feel the boogie in your ears  
In your shoulders  
In your arms  
In your elbows  
In your wrists  
In your fingers  
Feel that boogie beat

Feel the boogie in your chest  
In your back  
In your waist  
In your hips  
In your stomach  
In your belly-button  
Feel that boogie beat

Feel the boogie in your head  
In your ears  
In your shoulders  
In your waist  
In your ankles  
In your toes  
Feel that boogie beat  
Feel that boogie beat

Twist your whole body to the boogie  
Twist, twist, twist with me  
Twist your whole body to the boogie  
Feel that boogie beat  
Feel that boogie beat

## 8. One Small Voice

*Activity – Start out with one small voice and add more wonderful children’s voices through the song. Try it at PTA’s or special children’s programs.*

With just one small voice  
Singing out a song  
With just one small voice  
Singing sweet and strong

One by one they’ll grow  
And together sing along

And then soon all the world  
Will be singing

## 9. I've Got Music in Me

*Activity – Get a partner for this fun activity. Clap hands, snap or tap fingers, slap knees, stomp or dance with feet and make different sounds with your mouth. When we sing, “I can make music with a friend”, partners clap hands together or play patty-cake.*

I can make music with my hands, with my hands, with my hands  
I can make music with my hands, with my hands, with my hands

I can make music with my fingers, with my hands, with my fingers  
I can make music with my fingers, with my fingers, with my fingers

I can make music with my knees, with my knees, with my knees  
I can make music with my knees, with my knees, with my knees

*Chorus*                    With my hands, I can make music  
                                  With my fingers, I can make music  
                                  With my knees, I can make music  
                                  I've got music in me

I can make music with my mouth, with my mouth, with my mouth  
I can make music with my mouth, with my mouth, with my mouth

I can make music with my feet, with my feet, with my feet  
I can make music with my feet, with my feet, with my feet

I can make music with a friend, with a friend, with a friend  
I can make music with a friend, with a friend, with a friend

*Chorus*                    With my mouth, I can make music  
                                  With my feet, I can make music  
                                  With a friend, I can make music  
                                  I've got music in me

                                  With a friend, I can make music  
                                  With a friend, I can make music  
                                  With a friend, I can make music  
                                  I've got music in me  
*(Repeat 3 times)*

## 10. Learning Letter Sounds

*Activity – Children can sing together regularly and use alphabet chart  
(Lyrics on chart)*

Learning letter sounds A to Z  
Learning letter sounds you and me

Chorus          Clap three times, 1 – 2 – 3  
Letter sounds can help me read and write

a	says	aa	alligator
b	says	bb	baby
c	says	cc	caterpillar
d	says	dd	dinosaur
e	says	ee	elephant
f	says	ff	family
g	says	gg	gorilla
h	says	hh	hippopotamus

*Repeat Chorus*

i	says	ii	insect
j	says	jj	jet
k	says	kk	kite
l	says	ll	lion
m	says	mm	monkey
n	says	nn	nickel
o	says	oo	octopus

*Repeat Chorus*

q	says	qq	quarter
r	says	rr	rainbow
s	says	ss	snake
t	says	tt	turtle
u	says	uu	umbrella
v	says	vv	violin
w	says	ww	woodpecker
y	says	yy	yo-yo
z	says	zz	zebra

*Repeat Chorus*

*(See added alphabet chart)*

## **11. Month of the Year Line Dance**

*Activity – Try these simple line dance steps and moves. (Start – right leg) On months – right leg forward. On January, February and leg back; March right leg forward. Continue right leg forward and backward. On July jump hop forward. On August left leg forward. Do the same with the left leg. On ‘come on let’s try’ hop back. (Repeat) On ‘these are the months of the year’ stroll forward. On second “these are ...” stroll back. On third, stroll forward. On “12 months in every year” spin around. On third, stroll forward. On “12 months in every year” spin around. Repeat movements = Y’all!*

January, February, March, April, May, June, July,  
August, September, October, November, December  
Come on let’s try

*Repeat Months*

*Chorus These are the months of the year  
Oh, these are the months of the year  
These are the months of the year  
Twelve months in every year, twelve months in every year*

*Repeat Months and Chorus*

## **12. Opposite Conga**

*Activity – Enhance your teaching of opposites with this easy-to-do music activity. A nice springboard for learning more opposites.*

The opposite of up is down  
The opposite of high is low  
The opposite of in is out  
The opposite of fast is slow  
The opposite of on is off  
The opposite of day is night  
The opposite of stop is go  
The opposite of left is right

Chorus                    Learning, learning opposites today  
Learning, learning opposites today

*Repeat Verses and Chorus*  
(Children can respond on their own)

### 13. Riding on the Bus

*Activity – Create some of your own movements to this new upbeat adaptation of an old favorite. Discuss different characters and what they do. Make up new ones.*

*Chorus:* Riding on the bus, riding on the  
bus

We're all having fun riding on the bus

The cowboys on the bus go  
Yippee Kie Yeh! Yippee Kie Yeh!  
The cowboys on the bus go Yippee Kie  
Yeh!  
All through the town

The magicians on the bus go  
Abracadabra! Abracadabra!  
Abracadabra!  
The magicians on the bus go  
Abracadabra!  
All through the town

The divers on the bus go  
Swim down deep, swim down deep in the  
blue sea  
The divers on the bus go swim down deep  
All through the town

The ballerinas on the bus go  
Tippy tippy toe, tippy tippy toe, tippy tippy  
toe  
The ballerinas on the bus go tippy tippy toe  
All through the town

*Repeat Chorus*

The body builders on the bus go  
Pump it up, pump it up, pump it up  
The body builders on the bus go pump  
it up  
All through the town

The little babies on the bus go  
Peek-a-boo, pee-a-boo, peek-a-boo  
The little babies on the bus go peek-a-  
boo  
All through the town

The fisherman on the bus go  
I caught a big fish! I caught a huge  
fish!  
I caught a monster fish  
The fisherman on the bus go I caught a  
big fish!  
All through the town

The parents on the bus go  
I feel a little tired, I feel a little tired, just  
a little peace  
and quiet  
The parents on the bus go I feel a little  
tired  
All through the town

*Repeat Chorus*

## 14. Watson

*Activity – Watson really is Jack’s dog. He’s a Jack Russell Terrier. Children can move to all the action words. On the chorus children can run in position and then hug yourself on I love to play with you. Lots of movements, lots of fun and lots of love for your dog or favorite pet.*

*Chorus*

I’ve got a dog that really loves to play  
He runs and he jumps and wiggles everyday  
And my favorite thing to do you see is play  
With my dog and my family

Watson will you play with me  
Look for lizards running round the tree  
Watson will you play will you play with me  
I love to play with you

Let’s play – run, run, run  
You’re so silly and so much fun

Let’s play – hop, hop, hop  
You keep going, you just won’t stop

Let’s play – wiggle, wiggle, wiggle  
You’re so silly you make me giggle

*Repeat Chorus*

Let’s play – shake, shake, shake  
You’re so cute, you’ll play all day

Let’s play – jump, jump, jump  
You love outside in the sun

Let’s play – scoot, scoot, scoot  
I love you and the things we do together  
You and me, Watson and mommy, too!

*Repeat Chorus*

## 15. Here It Is

*Activity – Have fun, move and learn parts of your body. Everyone can sing together – here it is.*

Where's your head, let me see  
Where's your head, will you show me  
Now, shake, shake, shake it and say here it is

Where's your nose, let me see  
Where's your nose, will you show me  
Now, wiggle, wiggle, wiggle it and say here it is

Where's your waist, let me see  
Where's your waist, will you show me  
Now, twist, twist, twist it and say here it is

Where's your heart, beating every day

*Chorus*      Where are your hips, that you can swing and sway  
Where are your feet to step out side to side  
Where's your smile, that you can really shine

Where's one arm, let me see  
Where's one arm, will you show me  
Now, wave, wave, wave it and say here it is

Where's one eye, let me see  
Where's one eye, will you show me  
Now, wink, wink, wink it and say here it is

Where's your tongue, let me see  
Where's your tongue, will you show me  
Now, stick it out and sing together, and say here it is

*Repeat Chorus*

## 16. Big Numbers

*Activity – Children can have some fun singing along and counting by hundreds. They can even be creative and count by thousands and millions!*

*Chorus*            I like to count big numbers  
I like to count by hundreds  
I like to count big numbers  
C'mon join me now

One hundred, two hundred, three hundred  
Four hundred, five hundred, six hundred  
Seven hundred, eight hundred, nine hundred  
One thousand!

*(Repeat counting by hundreds)*

*Repeat Chorus and Counting*

## 17. America to Me

*Activity – Children can follow the recorded children and sing those parts. Before or after singing the song, ask children what America means to them. Use to enhance an activity on our country, freedom, July 4<sup>th</sup> and more.*

Green, green forests  
Having nice schools  
Voting for the President  
Red, white and blue      *(children echo and sing)*  
Playing in my neighborhood  
Believing in dreams  
This is America to me

Celebrating holidays  
Pledge to our flag  
Great big mountains      *(children echo and sing)*  
Learning all you can  
All different colors  
Being what you want to be  
This is America to me

*Chorus*      This is America – land that I love  
My country – the United States  
Under one shining sun  
So many different people  
Together proud and free  
This is America – America to me

All kinds of ice cream  
Animals on farms  
Pilgrims at Thanksgiving  
Boats, trains and cars      *(children echo and sing)*  
Helping each other  
People I love  
This is America to me

*Repeat Chorus 2X*

**18. One Small Voice – Music Only**

*Activity – Have your children sing this song to a family assembly. Start with only one child singing, then add more and more children.*

**All Words and Music by  
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