

## Learning to Love

by Jack Hartmann

### Side A

#### 1 - It's A Brand New Day

*Activity - Start the day with this fun movement, call & response song for all ages. Move hands, swing arms, sway hips, both hands over heart, twist feet, pat knees, touch toes and nose and create your own movements.*

I can feel it in my hands----- **In my hands**

I can feel it in my arms----- **In my arms**

I can feel it in my hips----- **In my hips**

I can feel it in my heart----- **In my heart**

I can feel it in my feet----- **In my feet**

I can feel it in my knees----- **In my knees**

I can feel it in my toes----- **In my toes**

I can feel it in my nose ----- **In my nose**

I can feel it!

**(Chorus)** It's a brand new day (Repeat 4X)

Now, I can feel it in my shoulders -- **In my shoulders**

I can feel it in my ears----- **In my ears**

I can feel it in my eyes----- **In my eyes**

I can feel it in my smile ----- **In my smile**

I can feel it way up high----- **Way up high**

I can feel it in the sky ----- **In the sky**

I can feel it way down low ----- **Way down low**

I can feel it as I grow ----- **As I grow**

(Repeat Chorus 2X)

#### 2 - We Are A Family

*Activity - Sing along and try learning some basic sign language to this song. Family - thumb & index finger touch, move hands toward face and loop around. Together - make fists with both hands touching, circle hands together. Try learning more.*

We're big - we're big ? we're small - we're small

We're young - we're young ? and we're old - we're old

We're all different people living together with love.

We laugh - we laugh ? we play - we play

We learn - we learn ? everyday - everyday

We're all different people living together with love.

Together with love.

And we – we ? are -are

A – a ? family - family

Living - living

Together - together  
Together - together  
**(Chorus)** We are a family - family

Wherever we may go  
We are a family - family  
I can feel our love - grow  
I can feel love grow  
We hug - we hug ? we care - we care  
We help - we help ? and we share - we share  
We're all different people living together with love.  
Together with love  
We sing - we sing ? we hope - we hope  
We dream - we dream ? and we grow - we grow  
We're all different people living together with love.  
Together with love.  
And we – we ? are - are  
A – a ? family - family  
Living – living ? working - working  
Together - together  
Together - together  
(Repeat Chorus 2X)

### **3 - I Love You - No Matter What**

*Activity - Create your own movements (i.e. wiggle fingers down like rain, hug self on "close to me", wave good-bye on "far away".) Dance together and sing along.*

**(Chorus)** I love you - no matter what  
You can count on me - I just won't give up  
I'll love you through the good times  
or when the days are rough  
I love you - no matter what  
I love you when the sun shines, I love you when it rains  
I love you when you're close to me, Or when you're far  
away  
I love you when you're smiling, I love you when you're  
mad  
I love you when we disagree, Or when we're holding hands  
**(Repeat Chorus)**  
I love you when you're happy, I love you when you cry  
I love you when you're silly, Or when you're feeling shy  
I love you in the daytime, I love you through the night  
I love you when you make mistakes, Or when you get it  
right  
I love you when you're working, I love you when you play  
Oh, I love you forever, And I love you today

(Repeat Chorus 2X)

#### **4 - It's Love**

*Activity - Move and sing to the simple descriptive words (i.e. arms up high - highest mountain, arms and body down low - deepest sea, arms out wide - widest valley.) Celebrate love*

*and celebrate with gospel music.*

What is higher than the highest mountain

Deeper than the deepest sea

Wider than the widest valley

Can you just tell me

What is stronger than the strongest lion

Bigger than the biggest tree

Sweeter than the sweetest honey

Can you just tell me

**(Chorus)** It's love -- It's love

It's love -- It's love (Repeat 2X)

Love in your heart

It's love - higher than the highest mountain

It's love - deeper than the deepest sea

It's love - wider than the widest valley

I can feel in me

It's love -- stronger than the strongest lion

It's love -- bigger than the biggest tree

It's love -- sweeter than the sweetest honey

I can feel in me

(Repeat Chorus 2X)

#### **5 - Working Together**

*Activity - Try this song with themes on togetherness, Thanksgiving, working & playing together. Make circles with 3 or 4 children, follow movements independently (i.e. digging, planting, etc.). On chorus hold hands together and move in a circle.*

Let's work together right here today

Let's grow a garden - you show the way

Let's dig, dig, dig the garden, dig the garden - that's the way

Let's dig, dig, dig the garden

Dig the garden - you're doing great!

Let's plant, plant, plant the seeds now, plant the seeds - you and me

Let's plant, plant, plant the seeds now

Plant the seeds - it's fun you see

Then, let's water, water, water the garden, water the garden - that's the way

Let's water, water, water the garden  
Water the garden - you're doing great!  
Working together, hand in hand  
Working together, yes, we can  
Working together, come on, let's go  
Working together, flowers will grow  
(Repeat)  
Let's work together - right here today

Let's help make a meal - you show the way  
Let's stir, stir, stir the soup up  
Stir the soup now - that's the way  
Let's stir, stir, stir the soup up  
Stir the soup - you're doing great!  
Let's knead, knead, knead the dough now  
Knead the dough - to make our bread  
Let's knead, knead, knead the dough now  
Knead the dough - to make our bread  
Let's toss, toss, toss the salad  
Toss the salad -- that's the way  
Let's toss, toss, toss the salad  
Toss the salad -- you're doing great!  
(Repeat Chorus)  
A family can grow  
Working together  
There's so much we can do!

## **6 - Give the Baby Love**

*Activity - Develop awareness and sensitivity for nurturing a baby. Follow all action words and gently nurture a pretend baby, baby doll or stuffed animal. Try multicultural dolls. A nice transition song before or after rest time.*

Give the baby love, Give the baby love  
I'll be the mommy, I'll be the daddy  
I'll be the stepdaddy, too, I'll be the grandma  
I'll be a good neighbor, I'll be the children with you  
And so let's....  
Hold the baby, Hold the baby  
Hold the baby so nice  
Hold the baby, Hold the baby, help the baby feel right  
Rock the baby, Rock the baby, rock the baby so sweet  
Rock the baby, Rock the baby, rock the baby so sweet  
**(Chorus)** We've got to give the baby love  
Oh, give the baby love  
Wherever in the world you go  
Give the baby love

So....

Feed the baby, Feed the baby, Feed the baby so good  
Feed the baby, Feed the baby, Feed the baby so good

Now let's....

Soothe the baby, Soothe the baby, Soothe the baby gently  
Soothe the baby, Soothe the baby, Soothe the baby gently

And now you...

Kiss the baby, Kiss the baby, Kiss the baby so sweet  
Kiss the baby, Kiss the baby, Kiss the baby to sleep

(Repeat Chorus 2X)

## **7 - Learning to Love**

*Activity - Everyone can sing along. Discuss all the ways we show love and can give love and care.*

La, la, la, la...

I'm learning to sing a new special song each day when I have fun  
and play

I make up a song and we all sing along

la-la-la-la la-la-la-lay

I'm learning about how I feel in my heart and how people  
care about me

I'm learning to reach out my arms to a friend and hug them  
so easily

**(Chorus)** I'm learning to care

I'm learning to trust

I'm learning about myself

I'm learning to love (Repeat)

I'm learning to look for the beautiful things in this world all  
around

So many nice people and colors of flowers and so many  
wonderful sounds

I'm learning to take good care of myself

And to think about all living things

I'm learning we're all one big family

So let's celebrate and all sing.

(Chorus)

**(Bridge)** Love, Love, Love -- For you and me

Love, Love, Love -- Reach out and see

Love, Love, Love -- It's fun to be

Learning to love

(Repeat Chorus)

## **Side B**

### **1 - I Can Do That**

*Activity - Try with themes of self-esteem and positive selfimage.*

*Move to all action words. Children can discuss, write or draw about what they can do or would like to do. Make a big book!*

Now, can you move right to the beat

I can do that - I can do that

Can you touch head, your shoulders and your feet

I can do that - I can do that

Can you shake hands with a neighbor or friend

I can do that - I can do that

Can you spread on a sandwich peanut butter and jam

I can do that - I can do that

Now stop, get ready, jump up high and say

I can do that - I can do that

Can you shoot a basketball through a hoop

I can do that - I can do that

Can you throw a ball and catch it, too

I can do that - I can do that

And can you really comb your hair

I can do that - I can do that

And can you brush your teeth up and down everywhere

I can do that - I can do that

Now stop, get ready, jump up high and say

I can do that - I can do that

*Chorus* And I believe it's true (Children echo & sing)

There's so much I can do

And I feel good inside

I can do it if I try

Can you paint a picture so very nice

I can do that - I can do that

Can you steer and pedal your own bike

I can do that - I can do that

Can you help out and clean up your room

I can do that - I can do that

Can you show thumbs up and be proud of you

I can do that - I can do that

Now stop, get ready, jump up high and say

I can do that - I can do that

(Repeat Chorus)

## **2 - Together We're A Song**

*Activity - Try with multicultural education units. Sing along and use triangles, sticks, drums, and other different instruments to play along.*

Play a high note on the keys

Tap your sticks right to the beat

Hit a big note on the drum  
Play some silly notes just for fun  
**(Bridge)** And one by one we play  
In a very special way  
But when we play - all together  
The whole wide world will say  
**(Chorus)** We're a song when we're together  
We're a song in harmony  
We're a song that lasts forever  
That each girl and boy can sing  
We're the words, we're the rhyme,  
We're the voices growing strong  
We're all different, we're the same  
Together, we're a song  
Lauren loves to swim and dive

Rosita dreams someday she'll fly  
Jesse takes a big baseball swing  
Lailani dances as she sings  
Jamaal plays his wooden flute  
Moon Flower cares for all the earth  
Chau Le fishes in the sea  
Ari feels proud of his family  
(Repeat Bridge)  
(Repeat Chorus)  
La, la, la...  
(Repeat Bridge)

### **3 - I Love You - No Matter What (Gentle Version)**

(Same lyrics - Side A - 3)

*Activity - Gentle version can be used for encouraging calmness and caring. Discuss how friends and family care and love each other through good times and hard times.*

### **4 - I Love To Have Fun**

*Activity - Children can make up their own dance. Do a different dance for each of the six verses and all sing together on the chorus - all raise arms up together and answer fun!*

Watch me, watch me I can dance, move to the music and clap my hands

Watch me, watch me I can dance

Watch me, watch me dance to the beat

Move to the rhythm from my head to my feet

Watch me, watch me dance to the beat

**(Chorus)** I love to have fun - fun

I love to have fun - fun

I love, I love, I love

To have fun!

Watch me, watch me do my own dance, move to the music -  
the best I can

Watch me, watch me - do my own dance

Watch me, watch me - move my own way, music is fun  
and I love to play

Watch me, watch me - move my own way

(Repeat Chorus)

Watch me, watch me do my own dance, move to the music and  
clap my hands

Watch me, watch me - do my own dance

Watch me, watch me - move my own way, music is fun  
and I love to play

Watch me, watch me - move my own way

Let's move

(Repeat Chorus)

## **5 - I Love Myself**

*Activity - Sing along together. Discuss all the ways we show love and care for ourselves. Use on themes of self-esteem, health, friendship or the family.*

**(Verse 1)** I love myself, I love myself, yes, I really do  
I love myself, I love myself, and I can love  
you, too

**(Verse 2)** I love myself, I love myself, there's so much I  
can be

I love myself, I love myself, I'm so glad to be  
me

**(Chorus)** Love comes from deep inside my heart  
That's the only place - where my love can  
start

Each day - a little love I show

And I can feel my love

Grow and grow and grow

(Repeat verses 1 and 2 and Chorus)

## **6 - A Chance To Be Children**

*Activity - Children can learn their part and sing at special ceremonies, graduations, fund raisers, PTA's or child advocacy meetings.*

What gifts must we give to our children

What gifts must we give them for life

Give them hope, give them strength

Give them love, give them faith

Give them memories to last all their life

And let us  
(Chorus) Give them a chance to be children  
Give them a chance to be children for a while  
Then they'll grow up some day  
And remember today  
All the love and the hope of a child  
All the love and the hope of a child  
Will you stand up and reach out to the children  
Will you stand up and reach out with your heart  
Give them laughter, give them care  
Give them moments to share  
Give them memories to last all their life  
And always  
(Repeat Chorus)  
Let them play - and they will have a happy heart  
Let them dream - and all the world will share a part  
Let them sing - and they'll sing out their own song  
Hear them sing, hear them sing....  
Give us a chance to be children  
Give us a chance to be children for a while

Then we'll grow up someday  
And remember today  
All the love and the hope of a child  
All the love and the hope of a child  
Give us a chance to be children  
Give us a chance to be children for a while  
Then we'll grow up someday  
And remember today  
All the love and the hope of a child  
All the love and the hope of a child  
(Repeat Chorus)

## **7 - Good-bye For Today**

*Activity - Children echo and sing. Can encourage brief end of the day discussion of all that was learned, shared, laughed about or experienced.*

**(Verse)** Good-bye -- good-bye, Good-bye -- goodbye  
Good-bye for today, Good-bye -- good-bye  
Good-bye -- good-bye, Tomorrow is another  
day

(Repeat verse)

**(Chorus)** And today we played -- we played, we smiled --  
we smiled  
We laughed -- we laughed, we tried -- we  
tried

We learned -- we learned, we had fun -- we  
had fun

We cared -- we cared, and we loved -- we  
loved

(Repeat verse and chorus)

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Enjoy the music

*Jack Hartmann*