

Learning to Love

by Jack Hartmann

Side A

1 - It's A Brand New Day

Activity - Start the day with this fun movement, call & response song for all ages. Move hands, swing arms, sway hips, both hands over heart, twist feet, pat knees, touch toes and nose and create your own movements.

I can feel it in my hands----- **In my hands**

I can feel it in my arms----- **In my arms**

I can feel it in my hips----- **In my hips**

I can feel it in my heart----- **In my heart**

I can feel it in my feet----- **In my feet**

I can feel it in my knees----- **In my knees**

I can feel it in my toes----- **In my toes**

I can feel it in my nose ----- **In my nose**

I can feel it!

(Chorus) It's a brand new day (Repeat 4X)

Now, I can feel it in my shoulders -- **In my shoulders**

I can feel it in my ears----- **In my ears**

I can feel it in my eyes----- **In my eyes**

I can feel it in my smile ----- **In my smile**

I can feel it way up high----- **Way up high**

I can feel it in the sky ----- **In the sky**

I can feel it way down low ----- **Way down low**

I can feel it as I grow ----- **As I grow**

(Repeat Chorus 2X)

2 - We Are A Family

Activity - Sing along and try learning some basic sign language to this song. Family - thumb & index finger touch, move hands toward face and loop around. Together - make fists with both hands touching, circle hands together. Try learning more.

We're big - we're big ? we're small - we're small

We're young - we're young ? and we're old - we're old

We're all different people living together with love.

We laugh - we laugh ? we play - we play

We learn - we learn ? everyday - everyday

We're all different people living together with love.

Together with love.

And we - we ? are -are

A - a ? family - family

Living - living

Together - together
Together - together
(Chorus) We are a family - family
Wherever we may go
We are a family - family
I can feel our love - grow
I can feel love grow
We hug - we hug ? we care - we care
We help - we help ? and we share - we share
We're all different people living together with love.
Together with love
We sing - we sing ? we hope - we hope
We dream - we dream ? and we grow - we grow
We're all different people living together with love.
Together with love.
And we – we ? are - are
A – a ? family - family
Living – living ? working - working
Together - together
Together - together
(Repeat Chorus 2X)

3 - I Love You - No Matter What

Activity - Create your own movements (i.e. wiggle fingers down like rain, hug self on “close to me”, wave good-bye on “far away”.) Dance together and sing along.

(Chorus) I love you - no matter what
You can count on me - I just won't give up
I'll love you through the good times
or when the days are rough
I love you - no matter what
I love you when the sun shines, I love you when it rains
I love you when you're close to me, Or when you're far
away
I love you when you're smiling, I love you when you're
mad
I love you when we disagree, Or when we're holding hands

(Repeat Chorus)

I love you when you're happy, I love you when you cry
I love you when you're silly, Or when you're feeling shy
I love you in the daytime, I love you through the night
I love you when you make mistakes, Or when you get it
right
I love you when you're working, I love you when you play
Oh, I love you forever, And I love you today
(Repeat Chorus 2X)

4 - It's Love

Activity - Move and sing to the simple descriptive words (i.e. arms up high - highest mountain, arms and body down low - deepest sea, arms out wide - widest valley.) Celebrate love and celebrate with gospel music.

What is higher than the highest mountain

Deeper than the deepest sea

Wider than the widest valley

Can you just tell me

What is stronger than the strongest lion

Bigger than the biggest tree

Sweeter than the sweetest honey

Can you just tell me

(Chorus) It's love -- It's love

It's love -- It's love (Repeat 2X)

Love in your heart

It's love - higher than the highest mountain

It's love - deeper than the deepest sea

It's love - wider than the widest valley

I can feel in me

It's love -- stronger than the strongest lion

It's love -- bigger than the biggest tree

It's love -- sweeter than the sweetest honey

I can feel in me

(Repeat Chorus 2X)

5 - Working Together

Activity - Try this song with themes on togetherness, Thanksgiving, working & playing together. Make circles with 3 or 4 children, follow movements independently (i.e. digging, planting, etc.). On chorus hold hands together and move in a circle.

Let's work together right here today

Let's grow a garden - you show the way

Let's dig, dig, dig the garden, dig the garden - that's the way

Let's dig, dig, dig the garden

Dig the garden - you're doing great!

Let's plant, plant, plant the seeds now, plant the seeds - you and me

Let's plant, plant, plant the seeds now

Plant the seeds - it's fun you see

Then, let's water, water, water the garden, water the garden - that's the way

Let's water, water, water the garden

Water the garden - you're doing great!

Working together, hand in hand

Working together, yes, we can
Working together, come on, let's go
Working together, flowers will grow
(Repeat)
Let's work together - right here today
Let's help make a meal - you show the way
Let's stir, stir, stir the soup up
Stir the soup now - that's the way
Let's stir, stir, stir the soup up
Stir the soup - you're doing great!
Let's knead, knead, knead the dough now
Knead the dough - to make our bread
Let's knead, knead, knead the dough now
Knead the dough - to make our bread
Let's toss, toss, toss the salad
Toss the salad -- that's the way
Let's toss, toss, toss the salad
Toss the salad -- you're doing great!
(Repeat Chorus)
A family can grow
Working together
There's so much we can do!

6 - Give the Baby Love

Activity - Develop awareness and sensitivity for nurturing a baby. Follow all action words and gently nurture a pretend baby, baby doll or stuffed animal. Try multicultural dolls. A nice transition song before or after rest time.

Give the baby love, Give the baby love
I'll be the mommy, I'll be the daddy
I'll be the stepdaddy, too, I'll be the grandma
I'll be a good neighbor, I'll be the children with you
And so let's....
Hold the baby, Hold the baby
Hold the baby so nice
Hold the baby, Hold the baby, help the baby feel right
Rock the baby, Rock the baby, rock the baby so sweet
Rock the baby, Rock the baby, rock the baby so sweet
(Chorus) We've got to give the baby love
Oh, give the baby love
Wherever in the world you go
Give the baby love
So....
Feed the baby, Feed the baby, Feed the baby so good
Feed the baby, Feed the baby, Feed the baby so good
Now let's....

Soothe the baby, Soothe the baby, Soothe the baby gently
Soothe the baby, Soothe the baby, Soothe the baby gently
And now you...
Kiss the baby, Kiss the baby, Kiss the baby so sweet
Kiss the baby, Kiss the baby, Kiss the baby to sleep
(Repeat Chorus 2X)

7 - Learning to Love

Activity - Everyone can sing along. Discuss all the ways we show love and can give love and care.

La, la, la, la...

I'm learning to sing a new special song each day when I have fun and play

I make up a song and we all sing along

la-la-la-la la-la-la-lay

I'm learning about how I feel in my heart and how people care about me

I'm learning to reach out my arms to a friend and hug them so easily

(Chorus) I'm learning to care

I'm learning to trust

I'm learning about myself

I'm learning to love (Repeat)

I'm learning to look for the beautiful things in this world all around

So many nice people and colors of flowers and so many wonderful sounds

I'm learning to take good care of myself

And to think about all living things

I'm learning we're all one big family

So let's celebrate and all sing.

(Chorus)

(Bridge) Love, Love, Love -- For you and me

Love, Love, Love -- Reach out and see

Love, Love, Love -- It's fun to be

Learning to love

(Repeat Chorus)

Side B

1 - I Can Do That

Activity - Try with themes of self-esteem and positive selfimage. Move to all action words. Children can discuss, write or draw about what they can do or would like to do. Make a big book!

Now, can you move right to the beat

I can do that - I can do that
Can you touch head, your shoulders and your feet
I can do that - I can do that
Can you shake hands with a neighbor or friend
I can do that - I can do that
Can you spread on a sandwich peanut butter and jam
I can do that - I can do that
Now stop, get ready, jump up high and say
I can do that - I can do that
Can you shoot a basketball through a hoop
I can do that - I can do that
Can you throw a ball and catch it, too
I can do that - I can do that
And can you really comb your hair
I can do that - I can do that
And can you brush your teeth up and down everywhere
I can do that - I can do that
Now stop, get ready, jump up high and say
I can do that - I can do that
Chorus And I believe it's true (Children echo & sing)
There's so much I can do
And I feel good inside
I can do it if I try
Can you paint a picture so very nice
I can do that - I can do that
Can you steer and pedal your own bike
I can do that - I can do that
Can you help out and clean up your room
I can do that - I can do that
Can you show thumbs up and be proud of you
I can do that - I can do that
Now stop, get ready, jump up high and say
I can do that - I can do that
(Repeat Chorus)

2 - Together We're A Song

Activity - Try with multicultural education units. Sing along and use triangles, sticks, drums, and other different instruments to play along.

Play a high note on the keys
Tap your sticks right to the beat
Hit a big note on the drum
Play some silly notes just for fun
(Bridge) And one by one we play
In a very special way
But when we play - all together

The whole wide world will say
(Chorus) We're a song when we're together
We're a song in harmony
We're a song that lasts forever
That each girl and boy can sing
We're the words, we're the rhyme,
We're the voices growing strong
We're all different, we're the same
Together, we're a song
Lauren loves to swim and dive
Rosita dreams someday she'll fly
Jesse takes a big baseball swing
Lailani dances as she sings
Jamaal plays his wooden flute
Moon Flower cares for all the earth
Chau Le fishes in the sea
Ari feels proud of his family
(Repeat Bridge)
(Repeat Chorus)
La, la, la...
(Repeat Bridge)

3 - I Love You - No Matter What (Gentle Version)

(Same lyrics - Side A - 3)

Activity - Gentle version can be used for encouraging calmness and caring. Discuss how friends and family care and love each other through good times and hard times.

4 - I Love To Have Fun

Activity - Children can make up their own dance. Do a different dance for each of the six verses and all sing together on the chorus - all raise arms up together and answer fun!

Watch me, watch me I can dance, move to the music and
clap my hands
Watch me, watch me I can dance
Watch me, watch me dance to the beat
Move to the rhythm from my head to my feet
Watch me, watch me dance to the beat
(Chorus) I love to have fun - fun
I love to have fun - fun
I love, I love, I love
To have fun!
Watch me, watch me do my own dance, move to the music -
the best I can
Watch me, watch me - do my own dance
Watch me, watch me - move my own way, music is fun

and I love to play
Watch me, watch me - move my own way
(Repeat Chorus)
Watch me, watch me do my own dance, move to the music and
clap my hands
Watch me, watch me - do my own dance
Watch me, watch me - move my own way, music is fun
and I love to play
Watch me, watch me - move my own way
Let's move
(Repeat Chorus)

5 - I Love Myself

Activity - Sing along together. Discuss all the ways we show love and care for ourselves. Use on themes of self-esteem, health, friendship or the family.

(Verse 1) I love myself, I love myself, yes, I really do
I love myself, I love myself, and I can love
you, too

(Verse 2) I love myself, I love myself, there's so much I
can be

I love myself, I love myself, I'm so glad to be
me

(Chorus) Love comes from deep inside my heart
That's the only place - where my love can
start

Each day - a little love I show

And I can feel my love

Grow and grow and grow

(Repeat verses 1 and 2 and Chorus)

6 - A Chance To Be Children

Activity - Children can learn their part and sing at special ceremonies, graduations, fund raisers, PTA's or child advocacy meetings.

What gifts must we give to our children

What gifts must we give them for life

Give them hope, give them strength

Give them love, give them faith

Give them memories to last all their life

And let us

(Chorus) Give them a chance to be children

Give them a chance to be children for a while

Then they'll grow up some day

And remember today

All the love and the hope of a child

All the love and the hope of a child
Will you stand up and reach out to the children
Will you stand up and reach out with your heart
Give them laughter, give them care
Give them moments to share
Give them memories to last all their life
And always

(Repeat Chorus)

Let them play - and they will have a happy heart
Let them dream - and all the world will share a part
Let them sing - and they'll sing out their own song
Hear them sing, hear them sing....

Give us a chance to be children
Give us a chance to be children for a while
Then we'll grow up someday
And remember today

All the love and the hope of a child
All the love and the hope of a child
Give us a chance to be children
Give us a chance to be children for a while
Then we'll grow up someday
And remember today

All the love and the hope of a child
All the love and the hope of a child
(Repeat Chorus)

7 - Good-bye For Today

Activity - Children echo and sing. Can encourage brief end of the day discussion of all that was learned, shared, laughed about or experienced.

(Verse) Good-bye -- good-bye, Good-bye -- goodbye
Good-bye for today, Good-bye -- good-bye
Good-bye -- good-bye, Tomorrow is another
day

(Repeat verse)

(Chorus) And today we played -- we played, we smiled --
we smiled
We laughed -- we laughed, we tried -- we
tried
We learned -- we learned, we had fun -- we
had fun
We cared -- we cared, and we loved -- we
loved

(Repeat verse and chorus)

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Enjoy the music

Jack Hartmann